



## Dún Laoghaire Rathdown (DLR) CYPSC 2024 ANNUAL PROGRAMME OF WORK

<b>DLR CYPSC Mission</b>	Our vision is that children and young people in Dun Laoghaire Rathdown are safe, happy and healthy from birth to adulthood, enjoying equal access as young citizens to excellent educational, recreational, social participation and employment opportunities to enable their highest human potential. Our mission is to facilitate the interagency collaboration, evidence-informed service planning and implementation structures and activities to achieve this vision.							
<b>DLR CYPSC Statement of intent 2024</b>	To continue to work together to implement the agreed actions derived from the consultations and planning of the DLR CYPSC Children and Young People's Plan 2024-2026 which we will be submitting to the National Co-ordinator in May 2024.							
<b>National Outcome 1 Active and Healthy, Physical and Mental Wellbeing</b>								
CYPSC Priority	Objective	Indicator over 3-year CYPSP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Youth Mental Health Supports / Early Parenting Development	To increase the physical and mental wellbeing of babies, children and young people in DLR	No. of training events/courses; No. of participants; Evaluations/Reports	1. Re-establishment of Infant Mental Health Network 2. Identify training for 2024 3. Organise and complete training 4. Roll out in the community	Increase the proportion of people that are healthy at all stages of life	Wellbeing Factors	Southside Partnership  CYPSC Health and Mental Health Subgroup	HSE, NEPS, Crosscare, Tusla, DLR CAT, DROP, Primary / Secondary Schools, STAG	Healthy Ireland Fund
<b>National Outcome 2 Achieving Full Potential in all Areas of Learning and Development</b>								
CYPSC Priority	Objective	Indicator over 3-year CYPSP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Social Media	Strengthen healthy use of social media / phones tablets and delay use of smart phones until post-primary age.	No. of students / parents / staff taking part in pilot	Explore a "no smart phone / tablets" code for Primary school children and identify what schools in DLR have started this process  Develop phone readiness program and identify pilot primary schools			CyberSafeKids	CYPSC Education and Learning Subgroup	
Body Image	Rolling out effective interventions to address body image issues	No. of young people's increased understanding of issue	Identify and pilot / expand school-based programme (BodyKind)			Body Kind / UCD	Secondary Schools	
<b>National Outcome 3 Safe and Protected from Harm</b>								
CYPSC Priority	Objective	Indicator over 3-year CYPSP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
DV Resource	To finalise development and launch the DV Resource for DLR.	1 DV Resource for DLR	1. Finalise Resource 2. Launch Resource			SAVE and Sonas	DLR Safety Subgroup and PPFS Steering Committee	CYPSC Programme Fund
Supporting Parents: NVR and Space Parent Training (Responding to emerging issues PPFS Work Plan)	To support the effective implementation and delivery of NVR and Space in DLR	8 NVR Supervision Sessions	Organise and Fund Supervision of NVR in DLR			Springboard	NVR East Coast, TESS, Wicklow CYPSC (Supporting SPACE)	CYPSC Programme Fund
IPA Arrivals	Support IPA people and their integration to DLR	No. of Parents, Children and Young People supported	1. Establish working group. 2. Apply for funding 3. Complete actions 2024			Southside Partnership, Crosscare and Rosemount FRC	DLR County Council	International Protection Support Fund
Restorative Practice	To train up Youth Service and Gardai staff to Train the Trainer level and deliver x2 RP trainings in 2024	No. of Professionals Trained No. of Trainings Completed No. of Participants	1. Identify Training Plan 2. Training Delivered			Crosscare and Gardai	DLR Safety Subgroup and PPFS Steering Committee	Other

National Outcome 4 Economic Security and Opportunity								
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Supporting Homeless Families in DLR	To work with Dublin CYPSC colleagues in responding to Homelessness through supporting homeless services together and providing theraplay training	No. of events No. of training No. of participants No. of theraplay sessions ran in hubs/IPA centres/community	1. Supporting Services with Children & families in Homeless accommodation 2. Theraplay Training			Dublin CYPSCs	CYPSC Safety Subgroup	CYPSC Programme Fund
Food Poverty	Encourage uptake of the Hot School Meals programme in Primary Schools and enhance skills based programmes Healthy Food Made Easy and Food Dudes	No. of Schools	Support Food Dudes in completion of their target			Southside Partnership	DLR Schools	CYPSC Programme Fund
National Outcome 5 Connected, respected and contributing to their world								
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Provide Activities for Vulnerable Groups	Promote LGBTQ+ activities and events in the local community	No. of young people	1. Establish working group with young LGBTQ+ people 2. Organise event 3. Support Helium Mid Term Camp Oct			1 and 2. Crosscare 3. Helium	DLR County Council	CYPSC Programme Fund
Youth voice and participation in CYPSC Actions	Young People have an effective input in relevant CYPSC actions	No. of groups and young people involved	Engage with existing groups to get input from children and young people on CYPSC activities, especially vulnerable groups			DLR CYPSC	Crosscare, Comhairle na nÓg, Carmona Services, My Project...Minding You, Primary / Secondary Schools and Community Services	

Change Management								
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Complete DLR CYPSC Children and Young People's Plan (CYPSC) 2024-2026	To complete and submit final DLR CYPSC Children and Young People's Plan 2024-2026	DLR CYPSC CYPSC 2024-2026 Published	1. Complete consultations 2. Complete CYPSC 3. Submit CYPSC to National Co-ord 4. Launch CYPSC			DLR CYPSC	DLR CYPSC Members	CYPSC Programme Fund
Collaborations	Collaborate with DLR CYPSC members to obtain sign off of the DLR CYPSC Critical Incident Plan (CIP) from HSE Chief Officer	Formally agreed CIP	1. Secure sign off 2. Provide info session to main CYPSC members 3. Provide info session to CYPSC subgroup members and the community			DLR CYPSC	DLR CYPSC Members	
Communications	Establish and implement an agreed mechanism for information sharing with networks	No. of networks agreed mechanism	1. Weekly/Bi-weekly email updates 2. Update and relaunch Dublin CYPSC Directory 3. Campaign around LetsDLR Suite; LetsTalkDLR, LetsLearnDLR, LetsParentDLR			DLR CYPSC and Dublin CYPSC		CYPSC Parenting Awareness Fund
Membership	Secure statutory membership on main CYPSC	No. of statutory members of DLR CYPSC	1. Review main CYPSC members 2. Identify gaps in statutory membership 3. Meet with relevant organisations and agree plan for engagement 4. Participation in main CYPSC of all members			DLR CYPSC	DLR CYPSC Members	CYPSC Programme Fund