



**Monaghan CYPSC 2024 ANNUAL PROGRAMME OF WORK**

**Monaghan CYPSC Mission** We aim to realise the best possible outcomes for Children and Young People aged 0-24years in Monaghan as set out in the five national outcomes identified in Young Ireland the National Policy Framework for Children and Young People 2023-2028.

**Monaghan CYPSC Statement of intent 2024** Connections is a common theme across all our subgroups. Connections within family community and to services and supports. This year we will run community and parental engagement sessions to highlight the services, supports, and many amenities available to families on our doorstep. In addition we will listen through consultations with children young people and families to hear what is working for them and where they need further support.

**National Outcome 1 Active and Healthy, Physical and Mental Wellbeing**

CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Develop a youth working group as part of the outcome 1 subgroup to focus on the mental health needs of young people 12-24 years	Working group set up and a communication strategy is developed to share with agencies, parents and young people on services, supports, and referral pathways	Insights show increase on websites and apps by 20%	Linking parents/young people to existing resources i.e. Connecting You App, the Directory of Services and the newly launched Parenting Platform	Create an environment where every individual and sector of society can play their part in HI	Preventative Measures	CYPSC Outcome 1 members	Health Service Executive, Family Resource Centres, LA519, ISPCC, Public Participation Network Child and Family Support Networks, Planet Youth	Healthy Ireland Fund
To provide information on and promote the physical wellbeing of young people	To support parents in guiding their young people to make informed choices about vaping	Reduction in figures of young people vaping. 42% lifetime use 24% in the last 30 days and 13% daily use. (source Planet Youth Monaghan 2023)	Work with Young people in Outcome 5 to engage parents re the dangers of vaping Provide Physical safety and awareness training for young people 13-24	Increase the proportion of people that are healthy at all stages of life	Lifestyle and Behaviour Risks	Health Promotion HSE	Foróige, Youth Work Ireland Monaghan Youth Activists, Tusla Youth Participation Prevention Partnership and Family Support, Parenting Monaghan	Healthy Ireland Fund
Continue to Support Planet Youth Activity	To improve access to leisure time activities for young people	12 schools engaging in afterschool and leisure time activities. Greater than 65% of young adolescents engaged in 3 hours or more of physical activity per week	Continue to support the Planet Youth Leisure Time Activities in schools and other community settings	Protect the public from threats to health and wellbeing	Preventative Measures	Plant Youth Implementation team	Monaghan County Council Monaghan Integrated Development CLG Youth Work Ireland Tusla CYPSC Prevention Partnership and Family Support Monaghan Sports Partnership	Healthy Ireland Fund

**National Outcome 2 Achieving Full Potential in all Areas of Learning and Development**

CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Children and young people will successfully navigate life's transitions	To support children and young people across key transitions in their education	Baseline survey schools on what if any transitions programmes are being utilised	Offer support and signposting to any schools who do not have a transition programme in place Develop a guide to transition programmes Decider Skills training	Protect the public from threats to health and wellbeing	Preventative Measures			CYPSC Programme Fund
Achieving Full potential in all areas of learning and development	To engage with parents around a range of topics concerning their children and young people	Greater engagement with parents around issues such as vaping, screen time, alcohol usage and the links to youth mental health	Planet youth engagement sessions at open evening in schools Parent Power booklet pilot delivered in 6 preschools	Reduce health inequalities	Lifestyle and Behaviour Risks	National Childhood Network and CMETB		Healthy Ireland Fund

National Outcome 3 Safe and Protected from Harm								
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Creating greater awareness of child protection issues and referral pathways	To translate the new Lets talk About series of leaflets into 5 additional languages	Leaflets translated into Polish Lithuanian Russian Arabic and Portuguese	Public Awareness Campaign re child protection and referral pathways with local radio station and posters	Create an environment where every individual and sector of society can play their part in a HI	Lifestyle and Behaviour Risks	PPFS	Clones Family Resource Centre, Aftercare Team, Social Work Team, Child and Family Networks	CYPSC Parenting Awareness Fund
Focus on Healthy Relationships	Deliver programmes and a conference on consent and coercive control	The number of transition students participated in a programme/talk on healthy relationship	Target school open nights to give information to parents and young people Organise a conference for post primary students	Protect the public from threats to health and wellbeing	Wellbeing Factors	Outcome 3 members	Child and Family Support Networks North and South Monaghan	Healthy Ireland Fund
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CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Address child poverty needs in key high deprivation areas across the county.	Increase access to health care services Secure Healthy Communities	Monaghan is part of the Healthy Communities areas	Form working group with the LCDC to look at Child Poverty	Reduce health inequalities	Socio Economic Factors	LCDC/CYPSC	Members of Outcome 4 subgroup and local businesses	
Focus on Educational Attainment	Increase the educational attainment and employment opportunities for young people	5% reduction in young people not in education, employment or training	Invite key partners to join a working group Develop employers survey to determine key skills required to meet local workforce demand.	Reduce health inequalities	Socio Economic Factors	MID/CMETB	Members of Outcome 4 subgroup and local businesses	
National Outcome 5 Connected, respected and contributing to their world								
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Information sharing with young people so they can make better informed life choices	To develop and deliver key messages on social media on vaping and sexting and the impact it has on youth mental health	Base line questionnaire with students of their knowledge on vaping and sexting and the impact of alcohol on the adolescent brain.	Peer education module developed & delivered on Vaping Awareness, Alcohol and other Drugs usage as well as incorporating information on COCO'S law and Planet Youth Data	Create an environment where every individual and sector of society can play their part in a HI	Preventative Measures	Outcome 5 group members and Monaghan Youth Activists HSE Health Promotion	Health Service Executive, Family Resource Centres, Childline ISPCC, Prevention Partnership and Family Support Child and Family Support Networks, Planet Youth Building Safer Communities Tusla Youth Participation	Child and Youth Participation Seed Funding
Continue to support period poverty initiatives for schools	To ensure young people have access to hygiene products in school	Feedback will be gathered from all participating schools on the initiative	Develop information slideshow on period poverty for schools and deliver hygiene packs to all relevant post primary schools	Reduce health inequalities	Socio Economic Factors	CYPSC Tusla	Schools & Outcome 5 members	CYPSC Programme Fund
Change Management								
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Continue to support the newly established Infant Mental Health Network	Support the continuing Professional Development in the area of Infant Mental Health	The number of meetings and training per year	Meetings bi monthly working to realise all Infant Mental Health Competencies	Reduce health inequalities	Wellbeing Factors	Child and Adolescent Mental Health Service	Network members	Healthy Ireland Fund
Supporting parents and signposting to programmes and services	Increase the hours of Parenting Monaghan Coordinator	Network of parents established 10 parenting programmes/ talks delivered per year across a range of topics and ages	Parenting supports	Reduce health inequalities	Preventative Measures	Monaghan Integrated Development CLG	Parenting Monaghan steering group	Healthy Ireland Fund
Develop Critical Incident Protocol	To agree a localised response to critical incidents within the community	Protocol in place	Agree content with relevant agencies involved Develop core training for community champions	Create an environment where every individual and sector of society can play their part in a HI	Preventative Measures	CYPSC /Tusla	All CYPSC partners and relevant agencies	Healthy Ireland Fund