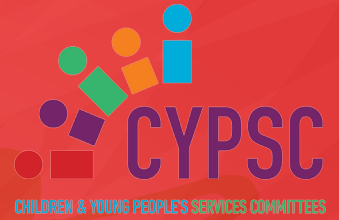


TÚSLA

An Gníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency



ME!



ALL ABOUT ME!

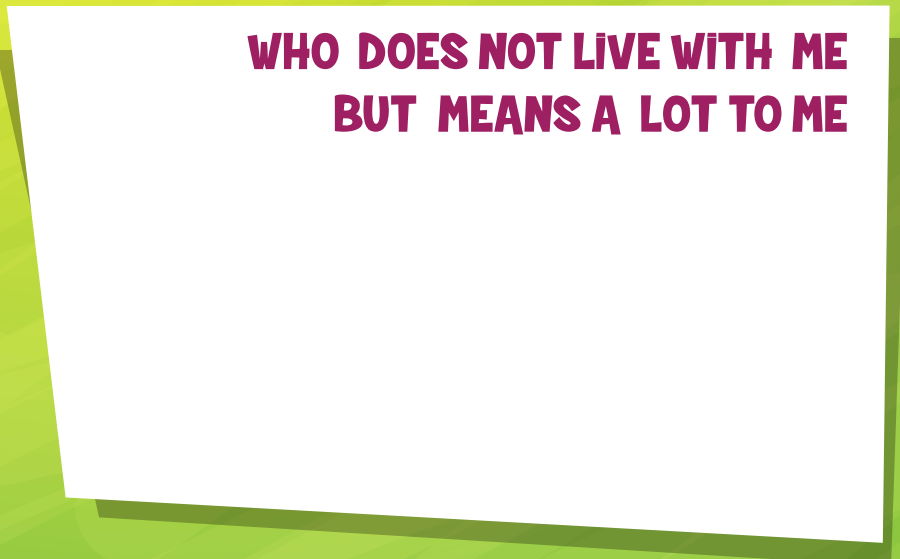
MY NAME IS...



WHERE I LIVE AND WHO LIVES WITH ME



WHO DOES NOT LIVE WITH ME
BUT MEANS A LOT TO ME

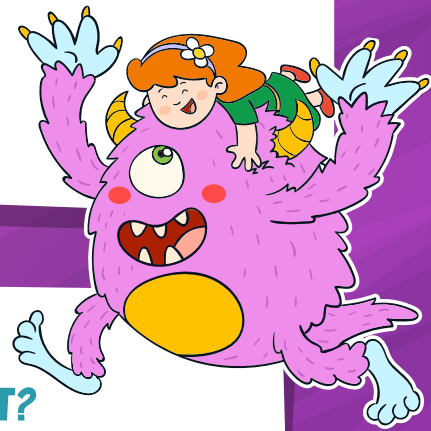


MY LIFE

WHAT I LIKE ABOUT ME

**WHAT I LIKE ABOUT MY
LIFE AT THE MOMENT**

**WE ALL GET UPSET SOMETIMES.
WHAT UPSETS ME ABOUT MY LIFE AT THE MOMENT?**



A DAY IN THE LIFE

MORNING



AFTERNOON



EVENING



NIGHT-TIME



THINGS THAT MAKE ME...

HAPPY

SAD

ANGRY

FEEL GOOD



FEELING SAFE

**WHEN DO
YOU FEEL SAFE**

**WHEN
DON'T YOU FEEL
SAFE**



EVERYONE HAS WORRIES

**DO YOU HAVE ANY WORRIES ABOUT WHAT'S HAPPENING NOW
OR WHAT WILL HAPPEN IN THE FUTURE?**

**ANYONE IN
YOUR FAMILY?**

AT HOME?

AT SCHOOL?

**ANYTHING
ELSE?**

WE ALL NEED A BIT OF MAGIC IN OUR LIVES

IF YOU HAD 3 WISHES, WHAT WOULD THEY BE?

1

2

3



**THIS SPACE IS FOR YOU TO WRITE OR
DRAW WHATEVER YOU WANT**



Children and Young People's Services Committee
would like to acknowledge Mayo Children and
Young Person's Advocacy Group who designed these booklets.