

# CYPSC Healthy Ireland Fund Guidelines 2023-2025

Revised October 2023

“A Healthy Ireland, where everyone can enjoy physical and mental health and wellbeing to their full potential, where wellbeing is valued and supported at every level of society and is everyone’s responsibility “

*A Framework for improved health and well-being 2013-2025 (DoH, 2013)*



An Roinn Leanaí, Combhionannais,  
Míchumais, Lánpháirtíochta agus Óige  
Department of Children, Equality,  
Disability, Integration and Youth



# Contents

1. Introduction .....	3
2. Outcomes-led Approach .....	4
2.1 The Healthy Ireland Outcomes Framework and Indicator Set .....	5
2.2 Active and Healthy National Outcome 1 and Indicator Set .....	5
2.3 Combined Outcomes Frameworks and Indicator sets .....	6
2.4 Michie Model of Behaviour Change .....	7
2.5 Guide for application of the outcomes frameworks for CYPSC-Healthy Ireland Fund action planning. .....	9
3. Evaluation and Measurement of Outcomes .....	10
4. CYPSC-Healthy Ireland Planning and Reporting.....	12
4.1 CYPSC Annual Programme of Work .....	12
4.2 CYPSC Mid-year Progress Update .....	12
4.3 CYPSC Annual Progress Report .....	13
4.4 Annual National CYPSC-Healthy Ireland Progress Report.....	13
5. Ineligible Projects/Activities .....	14
6. Contact Information.....	14
Appendices .....	15
Appendix 1. CYPSC Annual Programme of Work Template.....	15
Appendix 2. CYPSC Mid-Year Progress Update Template.....	16
Appendix 3 – Table of Key Dates for Deliverables .....	17
Reference Documents / Websites .....	18

# 1. Introduction

The Healthy Ireland Framework is the Government of Ireland’s framework for promoting health for all. Published in 2013 it was designed to bring about real, measurable change for the population. It is based on an understanding of the determinants of health, whereby health and wellbeing are understood to be affected by all aspects of a person’s life; their economic status, their education, their housing, and the physical environment in which a person lives and works. It is recognised also that a person’s health and wellbeing status is also affected by policy decisions taken by Government, the individual choices people make about how they live, and the participation of people in their communities.

Almost every aspect of our lives impacts our health and ultimately how long we will live – our jobs and homes, access to education and public transport and whether we experience poverty or discrimination. These factors are often referred to as the social determinants of health. It is important to understand these social determinants of health in order to deepen understanding of the causes of poor health and wellbeing outcomes, and to help inform effective interventions and responses that can make a positive impact in people’s lives.

The Healthy Ireland Outcomes Framework (DoH, 2018) states that Healthy Ireland provides for

“an inclusive, intersectoral approach to improve population health and wellbeing by shifting our emphasis to prevention, and to empowering individuals and communities to take more responsibility for their health and wellbeing”.

This concept is further developed in the Healthy Ireland Strategic Action Plan 2021-2025, whereby evidence-informed activities are delivered through increased stakeholder engagement resulting in an outcomes improvement model and which informs policy. Figure 1 illustrates the underpinning approach for addressing health inequalities through phase 2 of implementation of the Healthy Ireland Framework (Healthy Ireland Strategic Action Plan 2021-2025 (DoH, 2021, p19.))

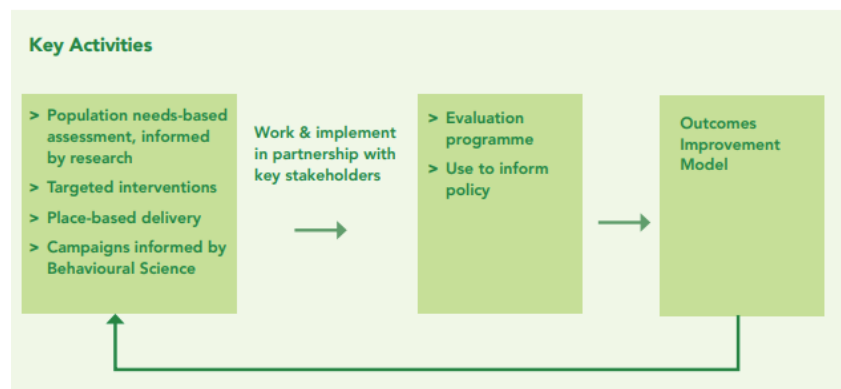


Figure 1. Addressing Health Inequalities underpinning approach (Healthy Ireland Strategic Action Plan 2021-2025)

There is now recognition of the importance that all organisations in receipt of Healthy Ireland funding demonstrate results and progress achieved towards improving the health and wellbeing of people in Ireland, as well as demonstrating value for money. This has led to a move away from an action/activity-led approach and towards the desired more strategic outcomes-led approach.

This outcomes-focussed intention is compatible with the existing national model of interagency working to improve outcomes for children and young people: the Children and

Young People's Services Committees initiative (CYPSC). The purpose of CYPSC is to ensure effective interagency co-ordination and collaboration to achieve the best outcomes for all children and young people in Ireland. There are twenty-seven local CYPSC across Ireland and each one provides a county-based, local, multi-agency forum for joint planning and co-ordination of activity to ensure that children, young people, and their families receive improved and accessible services. Overall CYPSC enhance interagency co-operation in order to realise the five national outcomes for children and young people set out in *Better Outcomes, Brighter Futures: the national policy framework for children and young people 2014-2020*. (DCYA, 2014). A new policy framework for children and young people has been developed by the Department of Children, Equality, Disability, Integration and Youth (DCEDIY) and its publication is expected in 2023. *Shared Vision Next Steps* (DCYA, 2019) provides the road map for the further development of the CYPSC initiative over the period 2019-2024.

The CYPSC model of interagency working is outcomes-focussed and outcomes-driven and since 2017 has demonstrated its capacity to utilise Healthy Ireland Funding to support implementation of the Healthy Ireland Framework, through the delivery of local interagency responses to priority needs of children and young people under national outcome 1 that children and young people are Active and Healthy. Delivery under national outcome 1 is expressly aligned to and congruent with the Healthy Ireland Outcomes Framework. For more information on the CYPSC model of interagency working please refer to [cypsc.ie](http://cypsc.ie).

## 2. Outcomes-led Approach

In their Healthy Ireland implementation role Children and Young People's Services Committees will apply the Healthy Ireland Outcomes Framework and Indicator Set and the Better Outcomes Brighter Futures National Outcome 1 Active and Healthy, and Indicator Set.

Application of these defined high-level outcomes will allow for a structured and consistent approach to CYPSC-Healthy Ireland planning and reporting. Data and information derived from Healthy Ireland implementation will support greater oversight, improved programme evaluation and a clearer understanding of how the local work via CYPSC contributes to delivery of the four Healthy Ireland goals below outlined in *Healthy Ireland: A Framework for improved health and well-being 2013-2025* (DoH, 2013).

Goal 1: Increase the proportion of people who are healthy at all stages of life.

Goal 2: Reduce health inequalities.

Goal 3: Protect the public from threats to health and wellbeing.

Goal 4: Create an environment where every individual and sector of society can play their part in achieving a healthy Ireland.

The Healthy Ireland Outcomes Framework and Indicator Set (Figure 2) and the Active and Healthy National Outcome 1 and Indicator Set (Figure 3) are presented below individually and in combination (Figure 4) for reference and application.

## 2.1 The Healthy Ireland Outcomes Framework and Indicator Set

The Healthy Ireland Outcomes Framework is based on a conceptual model for health and wellbeing which incorporates health status, health outcomes and determinants of health and wellbeing across the life course. “The range of indicators selected to support measurement of these outcomes work together to create an overall picture of health and wellbeing in Ireland” (*Healthy Ireland Outcomes Framework* DoH,2018, p.1).



Figure 2. The Healthy Ireland Outcomes Framework and Indicator Set, *Healthy Ireland Outcomes Framework* (DoH, 2018).

## 2.2 Active and Healthy National Outcome 1 and Indicator Set

In the *Better Outcomes Brighter Futures* Policy Framework, the government adopted an outcomes approach based on five national outcomes for children and young people. Outcome 1 identified that being active and healthy is a significant contributor to overall wellbeing. Figure 3 depicts the Active and Healthy National Outcome 1 and Indicator Set.

Outcome	Aim	Indicator areas	
<b>1. Active and healthy</b>	<b>Aim 1.1: Physically healthy and make positive health choices</b>	1. Breastfeeding 2. Healthy weight 3. Immunisation uptake	4. Physical activity levels 5. Risky health behaviours 6. Mortality rate by cause and age
	<b>Aim 1.2: Good mental health</b>	7. Positive perceived mental health and well-being 8. Self-harm	9. Parental mental health 10. Access to child and adolescent mental health services
	<b>Aim 1.3: Positive and respectful approach to relationships and sexual health</b>	11. Early sexual activity 12. Teenage pregnancy 13. Knowledge about sexual health	
	<b>Aim 1.4: Enjoying play, recreation, sport, arts, culture and nature</b>	14. Participation in sport, leisure and recreational activities 15. Play	16. Screen time

Figure 3. Active and Healthy National Outcome 1 and Indicator Set, *Better Outcomes Brighter Futures Indicator Set Report* (DCEDIY, 2021, p8)

### 2.3 Combined Outcomes Frameworks and Indicator sets.

The Healthy Ireland Outcomes Framework Indicator Set and the Better Outcomes Brighter Futures Indicator set provide a structured framework in which Children and Young People Services Committees can identify interventions/actions which will improve the health and wellbeing of children and young people in their local areas.

Figure 4 combines the Healthy Ireland Outcomes Framework and Indicator Set (Figure 2) and the Active and Healthy National Outcome 1 and Indicator Set (Figure 3) to provide a CYPSC-Healthy Ireland Fund Outcomes and Indicators menu.

<b>Outcome 1 Active and Healthy</b>	<b>Healthy Ireland Outcomes Framework Indicator Set</b>
<b>Aim 1 Active and Healthy</b>	<b>A. Health Status</b>
<b>Aim 1.1 Physically healthy and make positive health choices</b>	<b>A.1 Preventative Measures</b>
<b>Indicator areas</b>	<b>Indicator areas</b>
<b>1. Breast feeding</b>	<b>a) Breast Cancer Screening</b>
<b>2. Healthy Weight</b>	<b>b) Cervical Cancer Screening Rate</b>
<b>3. Immunisation uptake</b>	<b>c) Measles Mumps and Rubella Screening (MMR) rate</b>
<b>4. Physical Activity Levels</b>	<b>d) Meningitis C immunisation rate</b>
<b>5. Risky Health Behaviours</b>	<b>A.2 Lifestyle and Behaviour Risks</b>
<b>6. Mortality rate by cause and age</b>	<b>e) Overweight and Obesity</b>
<b>Aim 1.2 Good Mental Health</b>	<b>f) Physical Activity Level</b>
<b>7. Positive perceived mental health and well being</b>	<b>g) Current smoking Rate</b>
<b>8. Self -Harm</b>	<b>h) Harmful use of alcohol</b>
<b>9. Parental Mental Health</b>	<b>i) Breast feeding Rates</b>
<b>10. Access to child and adolescent mental health services</b>	<b>j) Condom use (young people)</b>
<b>Aim 1.3 Positive approach and respectful approach to sexual relationships and sexual health</b>	<b>k) Screen time (young people)</b>

11. Early sexual health	B. Health Outcomes
12. Teenager Pregnancy	B.1 Mortality and Morbidity
13. Knowledge about sexual health	a) Healthy Life Years
Aim 1.4 Enjoying play, recreation, sports, arts, culture, and nature	b) Premature non communicable disease mortality
14. Participation in sports, leisure, and recreational activities	c) Cancer Incidence
15. Play	B.2 Well-being factors
16 Screen time	d) Positive Mental Health
	e) Probable mental health problem
	f) Moderate and severe depression 50+
	g) Social and cultural Participation 50+
	h) Safety and security 50+
	i) Feeling Safe (young people)
	C. Social Determinants
	C.1 Environmental Factors
	a) Air quality
	b) Water quality
	c) Radon
	C.2 Socio Economic Factors
	d) Long Term unemployment
	e) Jobless Household
	f) Education Retention
	g) Education Attainment
	h) Literacy and Numeracy
	i) Consistent poverty rate
	j) Inequality of income

Figure 4. Combined Healthy Ireland Outcomes Framework and Indicator Set and Active and Healthy National Outcome 1 and Indicator Set

In practical terms CYPSC will be utilising Healthy Ireland funding in support of its delivery under National Outcome 1 that children and young people are Active and Healthy. This entails implementing the existing CYPSC evidence-informed approach to planning as set out in the *CYPSC Planning and Reporting Framework* as per all other CYPSC work.

Each CYPSC must select one or more areas for utilisation of Healthy Ireland funding from National Outcome 1 Active and Healthy and clearly align this/these to the Healthy Ireland Outcomes Framework. A Step-by-Step Guide for implementing this approach is provided in Section 2.5 on page 9 of these guidelines. CYPSC will continue to adhere to Tusla finance and Tusla governance policy and procedure as per usual.

As an aid to developing outcomes-focussed implementation practice the Healthy Ireland Fund programme has identified the Michie Model of Behaviour Change as an instructive resource for consideration and application as part of the Healthy Ireland Fund action planning. The following paragraphs provide an overview of this model.

## 2.4 Michie Model of Behaviour Change

Improving the design and implementation of evidence-based practice depends on successful behaviour change interventions, according to the Michie Model of Behaviour Change (*The Behaviour Change Wheel, A guide to designing interventions*, Michie et al 2014).



Behavioural models of change are designed to help us understand behaviour and to identify the underlying factors that influence it. An understanding therefore of both behaviour and underlying factors is needed to develop effective intervention strategies. Essentially a behavioural science approach such as the Michie Model of Behaviour Change is concerned with helping us understand what drives a particular behaviour so that we can identify how to change it. Figure 5 sets out the Michie Model of Behaviour Change using a behaviour change wheel framework.

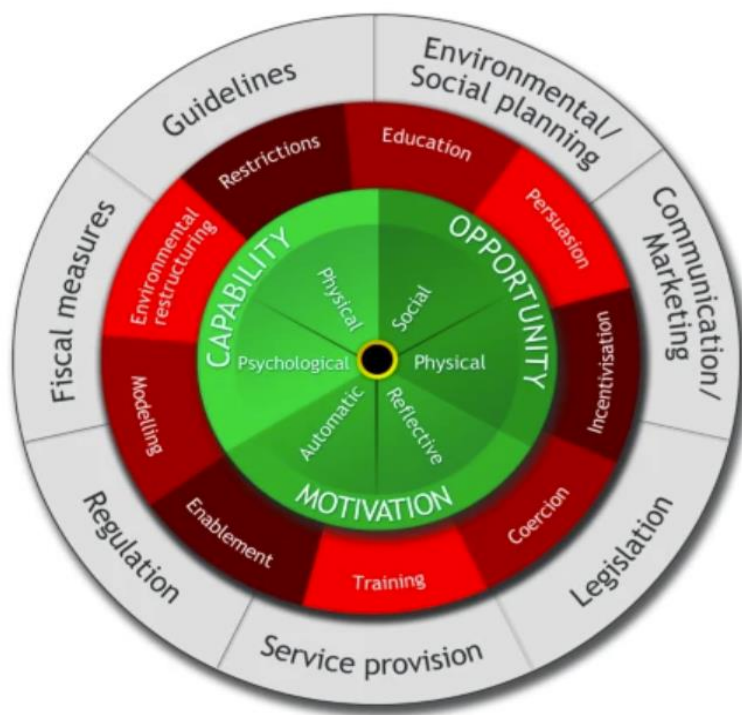


Figure 5. The Michie Model of Behaviour Change

The COM-B model (Figure 6) is an element of the behaviour change wheel framework also developed by Michie and colleagues in 2014. It has been introduced into the CYPSC-Healthy Ireland Fund 2023-2025 guidance to support and encourage deeper consideration by CYPSC in the design of effective responses to identified need when planning a Healthy Ireland funded intervention.

The COM-B model for behaviour change proposes that 'Behaviour' is a result of 'Capability', 'Opportunity' and 'Motivation'. See Figure 6 below.



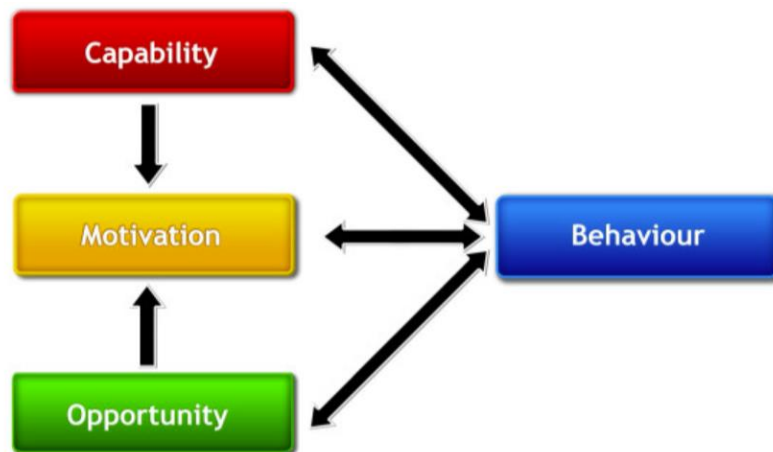


Figure 6. Diagrammatic representation of the COM-B Model of Behaviour Change

The COM-B model explains that there are three components to any behaviour (B): Capability (C), Opportunity (O) and Motivation (M). To perform a particular behaviour, one must feel they are both psychologically and physically able to do so (C), have the social and physical opportunity for the behaviour (O), and want or need to carry out the behaviour more than other competing behaviours (M). As each of these components interact, interventions should target one or more of these in order to deliver and maintain effective behaviour change.

## 2.5 Guide for application of the outcomes frameworks for CYPSC-Healthy Ireland Fund action planning.

### Step 1: Identify need.

Each CYPSC has developed a local Children and Young People's Plan (CYPP). Section 4 of the CYPSC CYPP presents an analysis of the needs of children, young people, and families in the CYPSC area / county. Section 5 of the CYPP sets out in summary the priority outcome areas to be addressed by the CYPSC in implementation of the CYPP. CYPSC should review priorities noted under Outcome 1 Active and Healthy and select the Outcome 1 area(s) of focus that will benefit from utilisation of the Healthy Ireland Fund.

### Step 2: Healthy Ireland Outcomes Framework review.

Review the Healthy Ireland Goals and identify the outcome(s) from the Healthy Ireland Outcomes Framework that the CYPSC CYPP Outcome 1 priority area of focus is most aligned to. The central aim is to maximise the impact of local activity on increasing health and wellbeing in each CYPSC area and this should form the basis of the rationale for selection.

### Step 3: Selection of intervention.

Each CYPSC will consider the desired priority outcome(s) to be achieved and in keeping with the existing CYPSC planning approach take an evidence-informed approach to designing the intervention to be implemented. CYPSC will consider whether the COM-B Model of Behaviour Change can add value in the design of the appropriate intervention(s) / action(s).

### Step 4: Number of Interventions / Actions to be implemented.

In identifying and designing appropriate interventions / actions to achieve the desired priority outcome(s) CYPSC should aim to operationalise interventions or actions that have a greater likelihood of achieving significant impact across a geographic area or a specific population and that can be evidenced as having resulted in positive impact. This means planning for less in number and bigger more substantive and strategic activity; **no more than 3 actions /**

**interventions** that can make and can evidence real change. CYPSC therefore must avoid funding multiple small actions with multiple associated small fund allocations.

### 3. Evaluation and Measurement of Outcomes

A key focus for implementation of the CYPSC - Healthy Ireland Fund will be the **evaluation and measurement of outcomes**. An outcome evaluation measures the intervention's results and determines whether intended outcomes were achieved. It is essential therefore that in designing and selecting interventions to achieve desired outcomes that CYPSC plan for measurement and evaluation.

Section 6 of the CYPSC CYPP sets out the Action Plan framework utilised by all CYPSC. The Action Plan requires each CYPSC to outline its implementation plan to realise the priority outcome area and objective that has been identified as the CYPSC's response to identified need. Figure 7 illustrates the CYPSC Action Plan framework and a sample intervention relating to a desired health-related outcome. In this example outcome questions for making a positive change in breast feeding rates might include: Did the programme succeed in supporting mothers to breast feed?

The implementation pathway always starts with identifying what is the desired outcome and the CYPSC action plan framework requires each CYPSC to specify:

- The Priority Outcome Area.
- An Objective to be achieved relating to positive change in the priority outcome area.
- Indicator(s) to be monitored that could demonstrate whether any change has occurred.
- Target(s) set to establish the level or degree of change aimed for.
- Actions to be taken to instigate change in the priority outcome area.
- Partners to the intervention who are responsible for implementing.
- Alignment or linkage to relevant national strategies or regional and local plans.
- Alignment with the Healthy Ireland Outcomes Framework and any other relevant national outcomes.

While noting that it is the desire for interventions funded with Healthy Ireland funding to be evaluated, **it is mandatory in 2024 that at least one CYPSC-Healthy Ireland funded intervention be evaluated.**

In order support this evaluation process reference can be made to the *What Works, Collecting Outcomes Data for Services Hub* where there are a variety of tools and templates which support evaluation. An additional resource is *What Works Evidence Hub* which provides information about prevention and early intervention programmes that have been evaluated and shown to improve outcomes for children and young people. Links to access these tools to support local evaluation are provided here: [What works - Collecting Outcomes Data for Services](#) and [What Works Evidence Hub](#).

## Action Plan for Insert County Children and Young People’s Services Committee

Outcome 1: Active and healthy; 1.1 Physically healthy and make positive health choices								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to Healthy Ireland Outcomes Framework and other national outcome(s) and or Transformational Goal(s)
<i>(To be identified based on local needs analysis.)</i>	<i>(A brief statement of what the CYPSC wants to accomplish in relation to each priority area. The objective(s) should be measurable.)</i>	<i>(The measure which will be used to determine whether the objective is being achieved. Can be a national indicator or one that has been developed locally.)</i>		<i>(The activities that the CYPSC will undertake to deliver on its objectives.)</i>			<i>(e.g., documents from Government, state agencies, or local organisations)</i>	
Example								
Breastfeeding	To increase breastfeeding rates	Percentage increase in mothers breastfeeding on discharge from hospital	5% increase in numbers of mothers breastfeeding on discharge  5% increase in mothers breastfeeding to 6 months	Deliver “XXXX” programme  Establish breast feeding support groups  Qualitative pre and post programme survey	Dec 2025	HSE PHN,  Family Resource Centre  CYPSC Outcome 1 Active and Healthy Sub-group	HSE Regional Strategy,  Healthy Ireland Framework	Healthy Ireland Outcome Indicator A. Health Status A.2 Lifestyle and Behaviour Risks i) Breastfeeding Rates  Transformational Goals: - Support Parents - Earlier Intervention and Prevention

Figure 7. CYPSC Action Plan framework and sample intervention relating to a desired Health-related outcome.

## 4. CYPSC-Healthy Ireland Planning and Reporting

The *Children and Young People’s Services Committees Planning and Reporting Framework* sets out the parameters within which CYPSC planning and reporting is conducted. It is an overarching guide for all CYPSC stakeholders on the CYPSC planning and reporting cycle, supporting the CYPSC initiative to realise its core objectives and to achieve Government commitments pertaining to the CYPSC initiative set out in national policy.

Figure 8 illustrates the CYPSC Planning and Reporting Framework with an adaptation reflecting the integration of Healthy Ireland Fund reporting.

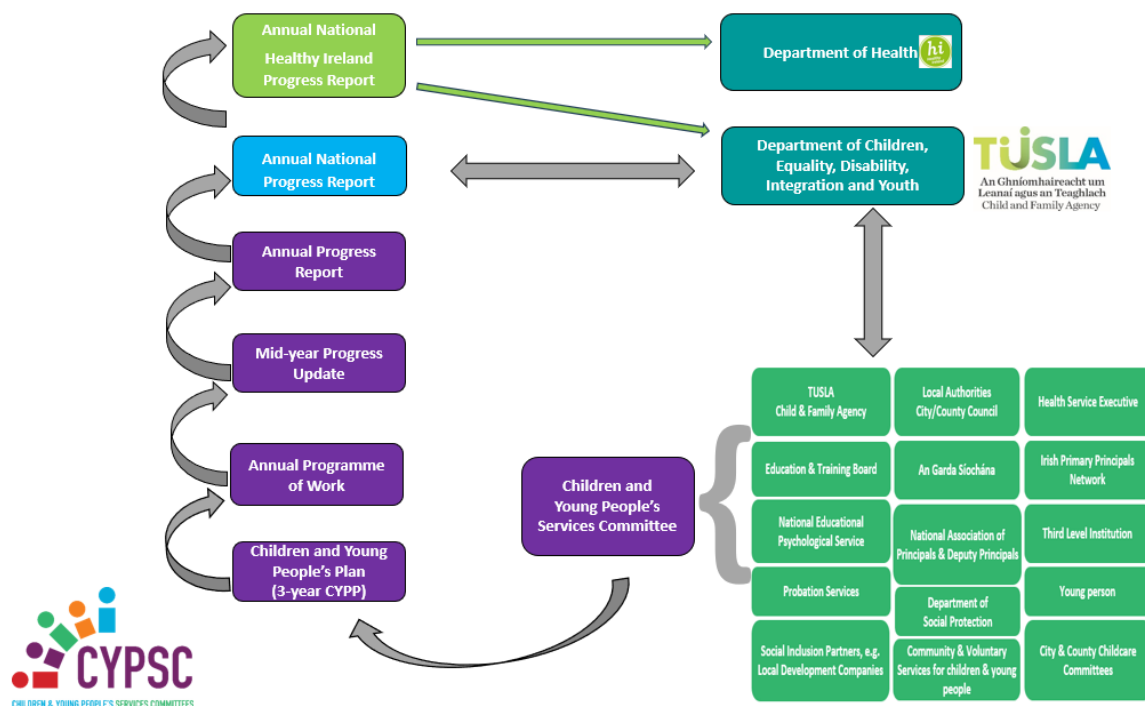


Figure 8. CYPSC Planning and Reporting Framework adapted for integration of Healthy Ireland Fund planning and reporting.

In line with the existing CYPSC Planning and Reporting Framework, local CYPSC will detail their **Healthy Ireland Funded plans** in their Children and Young People’s Plan (CYPP) and their CYPSC Annual Programme of Work which is derived from their 3-year CYPP.

### 4.1 CYPSC Annual Programme of Work

Appendix 1 provides a template for the CYPSC Annual Programme of Work. An editable version of this template will be issued to CYPSC from the CYPSC National Office. CYPSC will submit their 2024 CYPSC Annual Programme of Work to the CYPSC National Office by **23<sup>rd</sup> February 2024**.

### 4.2 CYPSC Mid-year Progress Update

As per the existing CYPSC Planning and Reporting Framework CYPSC will review their Annual Programme of Work mid-way through the calendar year and complete a Mid-Year Progress Update – See Appendix 2. The mid-year update is primarily a monitoring tool to determine whether the CYPSC annual programme of work is on schedule. From 2024 onwards the mid-

year update will incorporate a status review of CYPSC-Healthy Ireland funded interventions and actions. CYPSC will submit their 2024 CYPSC Mid-year Progress Update to the CYPSC National Office by **12<sup>th</sup> July 2024**.

### 4.3 CYPSC Annual Progress Report

An end of year review and reporting of CYPSC-Healthy Ireland funded interventions and actions will be incorporated into the CYPSC Annual Progress Report.

The CYPSC Annual Progress Report encompasses:

- Detail of progress on some actions set out in the Annual Programme of Work to improve outcomes for children and young people.
- Detail of CYPSC interagency activity including membership, engagement, distribution of leadership across CYPSC members.
- Detail of how the CYPSC is involving children and young people in its structures and decision-making.
- CYPSC progress on national policy objectives and commitments including the Health Ireland Framework.
- Challenges, achievements, the value add of the CYPSC model of interagency working and lessons learned from implementation.
- Record of leveraged funding into the county / CYPSC area and record of pooled resources by CYPSC member agencies.

Each CYPSC will submit a completed CYPSC Annual Progress Report 2023 to the CYPSC National Office by **15<sup>th</sup> March 2024**.

See Appendix 3 for a summary table of all key dates for deliverables.

### 4.4 Annual National CYPSC-Healthy Ireland Progress Report

On behalf of the Children and Young People's Services Committees (CYPSC) National Office, the Healthy Ireland Co-ordinator for CYPSC will prepare an Annual National Healthy Ireland Progress Report for the attention of the Department of Health, the Department of Children, Equality, Disability, Integration and Youth and Tusla, which outlines CYPSC Healthy Ireland interventions and actions undertaken during the reporting year. This report seeks to offer a detailed and insightful perspective on the multifaceted efforts of CYPSC in the areas of health and wellbeing promotion for children and young people.

The report will encompass key elements listed below, with the primary objective of providing an overview of CYPSC work and impact relating to Healthy Ireland Fund implementation.

1. Quantitative Assessment: The number of Healthy Ireland interventions/actions that were successfully executed during the reporting period.
2. Alignment with Active and Healthy Outcome 1 and the Healthy Ireland Outcomes Framework Indicator Set: the report will highlight the correlation between these frameworks and the alignment of CYPSC interventions/actions to the frameworks.
3. Exemplars: Presentation of best practice local initiatives demonstrating CYPSC Healthy Ireland interventions and actions. These exemplars will serve as case studies or vignettes, showcasing the diversity and impact of CYPSC efforts across different regions.
4. Emphasis on the outcomes focussed approach. This report will underscore CYPSC's commitment to an outcomes-focused approach highlighting benefits and positive change achieved.

## 5. Ineligible Projects/Activities

The following types of intervention/action are not supported by the CYPSC-Healthy Ireland Fund:

- Activities or innovations which do not conform to the goals in Healthy Ireland, A Framework for Improved Health and Wellbeing 2013-2025; Healthy Ireland Strategic Action Plan 2021- 2025; and Healthy Ireland Outcomes Framework Indicator Set
- Social Prescribing and Healthy Food Made Easy (HFME) programmes as these are now being mainstreamed within the HSE.
- Activities which duplicate the creation of materials or services that already exist on a wider systemic or national level.
- Activities that provide a competitive advantage to private enterprises e.g., purchasing equipment in privately owned facilities.
- The delivery of services in a setting that is not inclusive of the target community or charges a fee to participants. However, a voluntary contribution is acceptable.
- Programmes related to the 'Responsible Serving of Alcohol' as this is the responsibility of the drinks industry.
- Any drinks industry funded initiatives including Purple Flag and [drinkaware.ie](http://drinkaware.ie)
- Communication materials, other than those from [www.askaboutalcohol.ie](http://www.askaboutalcohol.ie)
- Educational Programmes which are not linked to resources on [www.askaboutalcohol.ie](http://www.askaboutalcohol.ie)
- Communication materials other than key messages in [My Child - HSE.ie](http://My Child - HSE.ie) or specific to Adverse Childhood Experiences (ACEs) evidence-based materials.
- Promotion or linkages to breastmilk substitutes.
- Activities that involve partnerships with the food and beverage industry, particularly the High in Fat, Salt and Sugar (HFSS) sector.
- Activities, including social media and campaigns that may increase weight stigma e.g., Weigh-in Physical Activity programmes that put emphasis on weight loss as an outcome.
- Any engagement with the tobacco industry or vape industry (generally a subsidiary or funding source of the industry) should be avoided and is a contravention of the WHO Treaty (The Framework Convention on Tobacco Control) to which the state is a signatory.
- Activities which are not in line with Department of Education and Skills Circular 0043/2018, for example: the delivery of once-off/short term basis student talks in relation to any aspect of SPHE, PE or health and wellbeing (including mental/emotional health).
- The development of new health and wellbeing programmes or resources for schools as a range of resources already exist and new ones are currently in development by the Department of Education and the HSE.
- Initiatives to support the Wellbeing Promotion Process in schools. (DoE is rolling out a large-scale support programme from 2022 - 2025).
- Talks/testimonials in schools from people that have experienced mental health problems or substance misuse/addiction.

## 6. Contact Information

If you have any queries regarding implementation of the Healthy Ireland Fund 2023-2025 please contact the Healthy Ireland Co-ordinator for CYPSC at [cypsc@tusla.ie](mailto:cypsc@tusla.ie).

Healthy Ireland Co-ordinator for CYPSC

June Anne Mc Kimm

Mobile: 0874332967; Email: [juneanne.mckimm@tusla.ie](mailto:juneanne.mckimm@tusla.ie)

# Appendices

## Appendix 1. CYPSC Annual Programme of Work Template Sample only – a 2024 template will issue from the CYPSC National Office.

<b>Insert County CYPSC Logo</b>								
<b>CYPSC 2024 ANNUAL PROGRAMME OF WORK</b>								
<b>County CYPSC Mission</b>								
<b>County CYPSC Statement of intent 2024</b>								
<b>National Outcome 1 Active and Healthy, Physical &amp; Mental Wellbeing</b>								
<b>CYPSC Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPP period</b>	<b>Action(s) 2024</b>	<b>HIF Actions 2024</b>	<b>HIF Actions alignment</b>	<b>Lead Agency</b>	<b>Partners</b>	<b>€ Indicative budget</b>
<b>National Outcome 2 Achieving Full Potential in all Areas of Learning and Development</b>								
<b>CYPSC Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPP period</b>	<b>Action(s)</b>			<b>Lead Agency</b>	<b>Partners</b>	<b>€ Indicative budget</b>
<b>National Outcome 3 Safe and Protected from Harm</b>								
<b>CYPSC Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPP period</b>	<b>Action(s)</b>			<b>Lead Agency</b>	<b>Partners</b>	<b>€ Indicative</b>
<b>National Outcome 4 Economic Security &amp; Opportunity</b>								
<b>CYPSC Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPP period</b>	<b>Action(s)</b>			<b>Lead Agency</b>	<b>Partners</b>	<b>€ Indicative</b>
<b>National Outcome 5 Connected, respected &amp; contributing to their world</b>								
<b>CYPSC Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPP period</b>	<b>Action(s)</b>			<b>Lead Agency</b>	<b>Partners</b>	<b>€ Indicative</b>
<b>Change Management</b>								
<b>CYPSC Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPP period</b>	<b>Action(s)</b>			<b>Lead Agency</b>	<b>Partners</b>	<b>€ Indicative</b>



## Appendix 2. CYPSC Mid-Year Progress Update Template

Sample only – a 2024 template will issue from the CYPSC National Office.

XXXX CYPSC 2024 MID-YEAR PROGRESS UPDATE										
XXXX CYPSC Vision / Mission										
XXXX CYPSC Statement of intent										
<b>National Outcome 1 Active and Healthy, physical &amp; mental wellbeing</b>										
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners	BOBF Programme Funding allocation	HI Funding allocation	Other funding allocation	Indicate source of "Other funding"	Please insert narrative no more than 200 words on progress of actions
<b>National Outcome 2 Achieving full potential in all areas of learning &amp; development</b>										
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners	BOBF Programme Funding	Healthy Ireland Funding Round 3 allocation	Other funding allocation	Indicate source of "Other funding"	
<b>National Outcome 3 Safe &amp; protected from harm</b>										
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners	BOBF Programme Funding	Healthy Ireland Funding Round 3 allocation	Other funding allocation	Indicate source of "Other funding"	
<b>National Outcome 4 Economic security &amp; opportunity</b>										
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners	BOBF Programme Funding	Healthy Ireland Funding Round 3 allocation	Other funding allocation	Indicate source of "Other funding"	
<b>National Outcome 5 Connected, respected &amp; contributing to their world</b>										
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners	BOBF Programme Funding	Healthy Ireland Funding Round 3 allocation	Other funding allocation	Indicate source of "Other funding"	
Change management										
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners	BOBF Programme Funding	Healthy Ireland Funding Round 3 allocation	Other funding allocation	Indicate source of "Other funding"	

**STATUS KEY**

**GREEN (completed / on-track)**

**AMBER (progress but some slippage against timescales)**

**RED (no progress)**

### Appendix 3 – Table of Key Dates for Deliverables

<b>CYPSC Planning and Reporting</b>	<b>Submission Dates</b>
Annual Programme of Work 2024	23 <sup>rd</sup> February 2024
CYPSC Annual Progress Report 2023	15 <sup>th</sup> March 2024
Mid-Year Progress Update 2024	12 <sup>th</sup> July 2024

## Reference Documents / Websites

1. *A Framework for improved health and well-being 2013-2025* (DoH,2013).
2. *Healthy Ireland Strategic Action Plan 2021-2025* (DoH, 2021)
3. *Better Outcomes, Brighter Futures: the national policy framework for children and young people 2014-2020* (DCYA, 2014)
4. The Healthy Ireland Outcomes Framework and Indicator Set, Healthy Ireland Outcomes Framework (DoH, 2018)
5. *Shared Vision, Next Steps* (DCYA, 2019)
6. *Better Outcomes Brighter Futures Indicator Set Report* [Active and Healthy National Outcome 1 and Indicator Set] (DCEDIY, 2021).
7. *Collecting Outcomes Data for Services*: WhatWorks.gov.ie
8. *What Works Ireland Evidence Hub*: WhatWorks.gov.ie
9. *The Behaviour Change Wheel, A Guide to Designing Interventions* (2014). S. Michie, L. Atkins, and R. West, *London*: Silverback.